

Stiefel Hockey Rules

- The league will use modified NHL rules including the following changes:
 - Minor Penalties
 - After the 3rd minor penalty of the game, a player is automatically ejected.
 - Any team unprepared to start the game at the scheduled time will be given 5 minutes to arrive before forfeiting. Late teams will start the game with a delay of game (2 minute) penalty.
 - Teams will be warned of excessive use of profanities or vulgar language. After the warning a minor penalty (2 minutes) will be issued for additional violations.
 - Unsportsmanlike conduct or abuse of officials will be penalized with a minor penalty (2 minutes) for the 1st violation and a 10 minute misconduct for a 2nd violation. Repeat offenders will be reviewed for suspension by the League Director.
 - Fighting/Major Penalties
 - If any player removes their gloves and engages in a fight or attempts to throw a punch, they will be ejected from the game and the League Director/Referees will review the situation for possible suspension.
 - All major penalties will lead to an ejection and the League Director/Referees will review the penalty for possible suspension.
 - Intent to injure will be reviewed by the League Director for possible suspension.
 - As this is a recreational league, any fights or illegal physical contact are a violation of the law. Law enforcement may be contacted and charges filed.
 - Automatic icing will be enforced in all divisions. Icing will be waived off if:
 - The team that ices the ball is shorthanded.
 - A defensive player intentionally slows down to avoid playing the ball.
 - The goaltender leaves the crease.
 - Overtime Rules
 - All regular season games will go to a 3 player shootout if tied at the end of regulation. If the score is still tied after both teams have completed their 3 rounds, we will proceed to a sudden death shootout. After the initial 3 rounds, any player from the team can shoot (IIHF rule).
 - Playoff games tied at the end of regulation will go to a 5 minute “3 on 3” overtime period. If the score remains tied at the end of the overtime, the game will proceed to a shootout with regular season rules in effect.

- Roster Rules

- A team may roster up to 11 players. All players must pay league registration to participate.
- At least 6 players must be paid prior to the team's 1st game.
- Any players not paid in full by the team's 3rd game will be ineligible to play.
- Every team is required to have at least 1 rostered goaltender.
- If your team is unable to attend, you must contact the League Director at least 90 minutes prior to your scheduled start time. Failure to do so will result in a warning for the first violation and ineligibility for the playoffs for the second violation.
- Substitute Players
 - A team must have 2 rostered players participating or they will be required to forfeit.
 - Participation of substitute players must be approved by the opposing team's captain and the game officials/League Director. This rule will not apply to goaltenders during the season.
 - All substitute players must be paid, rostered players in the A or B division of the league.
- Playoffs
 - All teams finishing in the top 8 of their division will play at least one playoff game.
 - All playoffs will be structured as single elimination, seeded tournaments.
 - Substitute player rules will be the same as the regular season with the exception that goaltender pickups must be approved by the opposing team's captain and game officials/League Director.

- Other Information to Know

- Game Schedule
 - League games will be played on Wednesday and Sunday evenings with Thursdays reserved for makeup games.
 - All games will start between 5:00 p.m. and 10:30 p.m.
 - Weather cancellations will be made 90 minutes before a game's scheduled start time when possible. Captains will be contacted and the Facebook page updated to notify of any changes.
- Clean Rink and Facility
 - No smoking or consumption of alcoholic beverages is permitted on the rink or the bleachers.
 - Please clean up your garbage such as water bottles or tape during/after each game.
 - The league is not responsible for items lost or broken at the rink.